



“The Twelve Steps are so simple that some dismiss them. But if you’re willing to understand them, the Steps provide a path for personal transformation.” – Pat Owen, Hazelden Center City, Minnesota



PATHWAYS
OF HOPE

A Day at a time!



WEEK 1— KASA SPERANZA — Valle De Los Chillos, Quito

THEME OF THE WEEK: RENOVATION AND HOPE

- a. Reviewing STEPS 1 & 3
- b. Welcoming the sun, enjoyment with caution
- c. Beginning your journey of Discovering your Destiny



WEEK 2—KAPARI -- Mindo-Cloud Forest

THEME OF THE WEEK: INTEGRITY—LOOKING INSIDE

- a. Steps 4 & 5
- b. Clean Up –Going deep down
- c. Working through fears

A Day at a time!



WEEK 3--- INTIYAYA – Otavalo

THEME OF THE WEEK: LOVE AND HUMILITY

- a. Steps 6 & 7
- b. How High and Deep is your Higher Power
- c. Break the resistance, letting GO
- d. Ask for cleansing work



WEEK 4— LAS TANUSAS, Manabi, The Coast

THEME of the WEEK: STRAIGHTEN UP

- a. Steps 8 & 9
- b. Solicit Forgiveness
- c. Commission & Omission
- d. Make amends. Completely

A Day at a time!



WEEK 5—TERMAS DE PAPALLACTA, Papallacta Hot Springs
THEME OF THE WEEK: WILLINGNESS AND CHANGE

- a. Step 10
- b. Keep It Up!
- c. Pamper Your Spirit
- d. Genuine healing process



WEEK 6— VISTA DEL ANGEL, Old Town, Quito
THEME OF THE WEEK: PERSEVERANCE, SERVICE AND GOD

- Steps 11 & 12
- a. Renew relationship with God
 - b. Personal Renewal
 - c. Serving others

A Day at a time!



WEEK 7 — GALAPAGOS TOUR, Galapagos Islands
THEME OF THE WEEK: CLOSING THE CIRCLE OF HEALING

- a. Reviewing ALL the Steps
- b. Bringing in family support system
- c. Wrapping up your journey to Healing and Transformation

Contact us

<https://pathways-hope.com/>